

# 400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



## FEATURES

- Self-Generating (or plug-in, depending on console)
- 30 Resistance Levels
- 40-450 Watts Workload Range

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

65" x 30" x 54" / 166 cm x 76.2 cm x 137.16 cm

### RESISTANCE SOURCE

Hybrid Self-Generating Brake

### DRIVE SYSTEM

Single Stage Drive System with Poly-V Belt

### PRODUCT WEIGHT

165 lbs / 76 kg

### COLOR

Charcoal/Black

## CONSOLE OPTIONS



ENVISION



SHOWRUNNER



ENVISION II  
9" Touchscreen



EMERGE II

2 front transport wheels for easy portability

# 400 SERIES



## C400 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge II or Envision II 9"), 220V Option Available (with Envision, Showrunner)
	Cord Length	10' / 3.0 M
	Drive System	Single Stage Drive System with Poly-V Belt
	Crank	1-Piece Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	40-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 25 Forward and Backward Position Settings
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision, ShowRunner, Envision II 9" , Emerge II	
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC	
EXTRAS	Accessories Water Bottle Holder, Over Molded Reading Rack/Tablet Holder	
PHYSICAL SPECIFICATIONS	Footprint	65" L x 30" W x 54" H / 166 cm x 76.2 cm x 137.16 cm
	Machine Weight	165 lbs / 76 kg
	Shipping Weight	185 lbs / 84 kg
	Maximum User Weight	400 lbs / 181 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial
	Frame	Lifetime
	Parts	5 Years (Envision Console is 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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