

# PALLADIUM SERIES PLATE LOADED



Accessible to all levels of users in your facility, the Palladium Series Plate Loaded line combines modern styling and heavy-duty commercial construction with easy entry/exit designs and precision biomechanics. The Palladium Series Plate Loaded line provides the innovation, durability and aesthetic you've come to expect from TRUE.

## SEATED ROW PLS-0400

### FEATURES

- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion
- Multi-grip handles for exercise variation and center post for stability during one arm rows
- 6-position seat uses gas cylinder assist for stable, friction-free adjustments

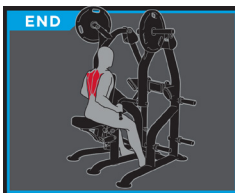
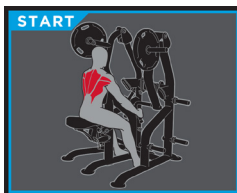
### SPECIFICATIONS

#### COLOR OPTIONS

Powder coat finish available in matte black with custom color options. Eighteen standard vinyl seat color options with custom colors also available. Contact your sales representative for more information.

### USER AMENITIES

- (6) Weight Storage Posts
- Height Adjustment Guide
- [Instruction Placard](#) illustrates proper START and END positions



Shown with Alabaster upholstery color option.

TECHNICAL  
SPECIFICATIONS

MODEL	0400
WIDTH	64.5" / 163.8cm
DEPTH	57" / 144.8cm
HEIGHT	65" / 165.1cm



[truefitness.com](https://truefitness.com) | 800.426.6570 | 636.272.7100

©2024 TRUE Fitness Technology, Inc

BROCH23PLS0400  
REV 1-25-2024