

Modern and comprehensive strength conditioning series designed to meet the space and performance demands of today's fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

## ABDOMINAL FUSE-1400

### FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Four position adjustable roller pad with dual hand grips allows users to determine range of motion best suited to their individual needs
- Contoured lumbar pad encourages pelvic stabilization and isolation of abdominal region
- Low seat frame and open design for ease of entry and exit of machine
- Integrated towel holder and accessory tray with cup holder

### SPECIFICATIONS

#### DIMENSIONS L X W X H

46" x 35" x 63" / 117 cm x 89 cm x 160 cm

#### PRODUCT WEIGHT

Weight Stack Options    170 lbs / 77 kg    250 lbs / 113 kg  
 Machine Weight        413 lbs / 187 kg    493 lbs / 223 kg

#### COLOR

Powder coat finish available in charcoal with custom color options.  
 Upholstery available in a wide range of colors.  
 Contact your sales representative for more information.

### USER AMENITIES

- Height Adjustment Guide
- Step-by-step exercise chart with easy to follow user instructions
- 4-Bar Linkage Seat Adjustments with gas cylinder assist
- Accessory Tray with Cup Holder
- Integrated Towel Holder

#### ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Unique easy to view Height Adjustment Guide instructs users on proper seat placement based on height.



truefitness.com | 800.426.6570 | 636.272.7100

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